

Our Mission | Empowering cancer survivors to live healthier, happier, and longer lives by creating and funding programs, offering credible resources, and building a community of support.



CT CHALLENGE CENTER FOR SURVIVORSHIP TO OPEN IN 2012

After a lengthy planning and approval process, construction is progressing at full speed on the Center for Survivorship, now scheduled to open in Southport, CT in 2012.

The Center will be home to the CT Challenge's own survivorship programs with offerings in fitness, nutrition, psychosocial support, and education. A 12-week enrolled survivorship program is also slated to begin in 2012 that will help to establish the Center as a place for thought leadership in the field of survivorship where more evidence based research is needed.

"The Center isn't just another wellness program," said Dr. Dan Rose, Medical Director of the Center for Survivorship and former Chief of Cardiothoracic Surgery at St. Vincent's Medical Center. "The data collected from cancer survivors who enroll in the 12-week program will form the basis of a research protocol that will demonstrate what works, and what doesn't, to improve the health and wellness of cancer survivors."

Tamara Deyle, Program Director, is focused on developing programs at the Center that will "actively engage survivors and their caregivers at perhaps the most difficult time in their lives, and provide the hope and resources that will help them in their individual journey of survivorship."

An artist's rendering of the completed facility.

"The Center for Survivorship will provide exactly the support that I and other cancer survivors need to challenge cancer for the rest of our lives."

— Kari, Cancer Survivor



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Your support helped us to impact the lives of
15,853 Cancer Survivors in 2011.

PRESIDENT'S LETTER



Jeff Keith with daughter Maddy at the Bike Ride.



The Martinez family

“It was great just being around others who have gone through what you have.”

– Tracy, Support Group Member

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Dear Friends,

With your support the CT Challenge continues to experience strong growth: in participation at events, in donations that support our work, and in programs that support our mission.

Looking to the future, our strategic objectives for the next five years include opening the Center for Survivorship to lead the way in developing model programs for survivors; growing our network of partners by collaborating with community based hospitals and support organizations; expanding public awareness of survivorship through programs, events and advocacy; and building on community engagement and educational strengths to support a greater number of survivors.

Thank you for helping us to build an organization that is impacting the lives of thousands of cancer survivors.

Sincerely,

Jeffrey S. Keith, President & CEO

Leadership

Jeffrey Keith
President & CEO

Robert Mazzone
COO

Board of Directors

Jeffrey Keith
John Ragland
George Richards
Dan Rose, MD

Jon Slavin
Michael J. Smith
Evan Vosburgh, MD
Matt Vossler

Support Groups Grow

In partnership with the Norma Pfriem Urban Outreach Initiatives, the CT Challenge launched the second of its support groups at the United Congregational Church in Bridgeport. The group is comprised of women living with cancer and provides them with a community of support where they can share their experiences, strength, fears and hopes. The group meets once a week for 12 weeks and incorporates yoga, meditation, nutritional education and talks from medical professionals. Meals and childcare are also provided.

Transition Group: Supports 12-Week Graduates

Members of the first CT Challenge support group established strong bonds with each other and expressed an interest in continued meetings. As a result, we've added a transitional support group for "graduates" of the 12-week program, to move them from the intensive weekly program to meeting once a month. This gives them an opportunity to provide support for one another through their ongoing survivorship issues.

Yoga & Pilates For Cancer Survivors

A complete schedule of yoga and pilates classes, free for cancer survivors and caregivers, is being held at Southport Galleries, across the street from the Center, at 330 Pequot Avenue in Southport.

Survivor Education & Resources

The CT Challenge continues to expand its' online library of educational videos, providing a comprehensive resource on a wide range of key survivorship issues. Recent additions to the library include videos on nutrition, pilates, cancer rehab and physical therapy.



Left: Karen Sabbath, MS, RD, CSO, Leever Cancer Center, Nutrition; Right: Wendy Farnen Price, Basics of Pilates for Cancer Survivors.



Jeff Keith (left) and Mary McCabe, RN, MA, Director, Cancer Survivorship Program at Memorial Sloan-Kettering Cancer Center (above) present at the Survivorship Summit.

CT CHALLENGE SURVIVORSHIP SUMMIT

The CT Challenge held its second annual Survivorship Summit on November 15th at the New Haven Lawn Club. The Summit is an accredited conference for medical professionals, bringing together leaders in survivorship to build better programs for cancer survivors.

This year, over 150 members of the survivorship community were in attendance including nurses, doctors, social workers, nutritionists, physical therapists, personal trainers, and cancer survivors. Twenty-four, or over 90% of the state's hospitals were in attendance, and all 13 members of the Survivorship Network were represented.

"As survivorship becomes more prevalent, hospitals, community-based organizations, and providers are looking for a greater understanding of what is needed and how they can best offer their support and services. Many are interested in starting survivorship programs. The Summit helps them put the pieces together," said Sharyn Taymor, Director of the CT Challenge Survivorship Network & Outreach.

Summit speakers included experts in survivorship from Yale Cancer Center, Memorial Sloan-Kettering Cancer Center, Abramson Cancer Center at the University of Pennsylvania, and Sinai Hospital in Baltimore, MD.



Carrie T. Stricker, PhD, RN, AOCN®, Oncology Nurse Practitioner, Abramson Cancer Center, Clinical Assistant Professor, School of Nursing, UPENN

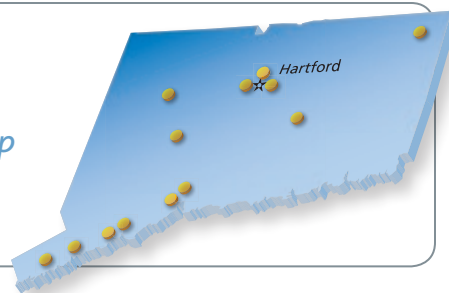
GRANT ESTABLISHES CURRICULUM IN SURVIVORSHIP



A multi-year grant to St. Vincent's College, School of Nursing, in Bridgeport, CT will support the development of a curriculum in cancer survivorship at the College. A series of lectures in survivorship begins this fall, with a presentation by Dr. Tara Sanft, Medical Director of Adult Survivorship for the Connecticut Challenge Survivorship Clinic at Yale Cancer Center and Assistant Professor of Medicine (Medical Oncology) at the Yale School of Medicine.

CT CHALLENGE SURVIVORSHIP NETWORK

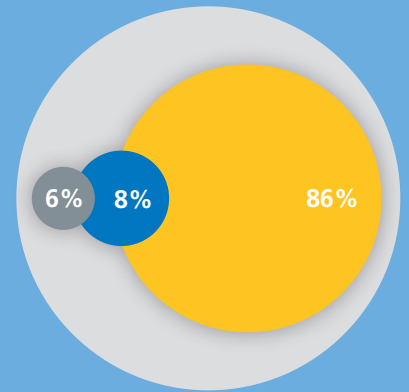
The 13 Members of the Survivorship Network served the needs of 38,012 cancer survivors in 2011.



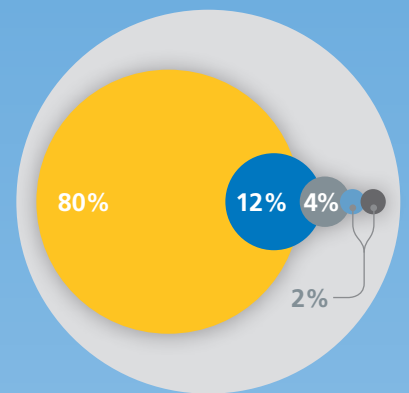
WHERE THE MONEY GOES

2010 Expenses & Revenues

The full annual report is available online at ctchallenge.org



- Total Expenses \$952,060
- Program Services & Grants \$819,765 (86%)
- General & Administrative \$75,626 (8%)
- Fundraising \$56,669 (6%)



- Total Revenue \$1,468,976
- Riders & General Donations \$1,168,003 (80%)
- Donor Restricted Contributions \$172,500 (12%)
- Other Revenue \$55,973 (4%)
- In Kind Donations \$36,000 (2%)
- Foundation Contributions & Corporate Sponsorships \$36,500 (2%)

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7TH ANNUAL CT CHALLENGE BIKE RIDE SETS NEW RECORDS

A record number of riders, volunteers, and donors contributed to making the 7th Annual CT Challenge Bike Ride a memorable day! The ride on July 30th took place at the Fairfield County Hunt Club in Westport, CT and welcomed 1171 riders and 266 volunteers, with 116 cancer survivors among them.

Riders have raised \$1.3 million in donations to date and total bike ride revenue this year is expected to reach \$1.5 million.

Amgen joined the CT Challenge as a major sponsor this year, along with long-time sponsor BMW of Bridgeport. Registration for the 2012 CT Challenge Bike Ride opens January 1.



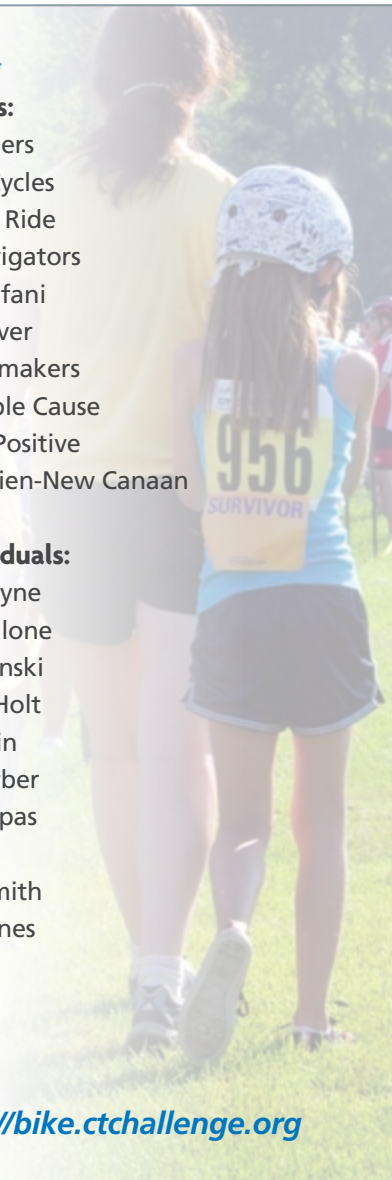
Fundraising

Top 10 Teams:

1. Alpha Riders
2. Flock of Cycles
3. Ride Sally Ride
4. Team Navigators
5. Team Sclafani
6. Team Leever
7. The Oddsmakers
8. Team Noble Cause
9. Team Be Positive
10. Team Darien-New Canaan

Top 10 Individuals:

1. Danny Kayne
1. Dan Anzalone
3. Stan Galanski
4. Winston Holt
5. John Slavin
6. Stuart Farber
7. Peter Pappas
8. Eric Selle
9. Mike J. Smith
10. Bruce Byrnes



 Visit <http://bike.ctchallenge.org>

Riders have raised \$1.3 million in donations to date.